



Winterlaufserie 2012, 2. Lauf
Creuzburg / 26.02.2012

Detailed evaluation

Förster, Dirk E.

Club: Erfurt
Number: 37

Course: 5.50 km
Kurzdistanz

Category:
Senioren M40 (40-44 Jahre)

Total time: 28:15

Speed: 10.62 km/h
Running performance: 5:08 min/km

Rank in course/Total: 7 (of 16)

Rank in course/Men: 6 (of 11)

Best time in course: 19:49

Rank in category: 2(of 3)

Best time in the category: 24:41