



# 6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

## Detailed evaluation

Latsch, Mike

Club: RSV Daadetal

Number: 330

Course: 9.75 km

10 km Lauf

Category:

Männer M30

Total time: 39:47

Speed: 13.57 km/h

Running performance: 4:05 min/km

Rank in course/Total: 10 (of 224)

Rank in course/Men: 10 (of 166)

Best time in course: 33:28

Rank in category: 3(of 19)

Best time in the category: 37:04

### Intermediate times

### Stage score

### Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total |       | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Total ranking |               |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|-------|-------|-----------------|-------------|----------------|---------------|---------------|
|                 |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | km    | Time  |                 |             |                | Pos<br>Men    | Behind<br>Men |
| Lap 1           | 3.25        | 12:34         | 3:52            | 3           | 0:33           | 7           | 1:26          | 3.25  | 12:34 | 3:52            | 18          |                | 10            | 1:26          |
| Lap 2           | 3.25        | 13:31         | 4:09            | 3           | 1:01           | 10          | 2:13          | 6.50  | 26:05 | 4:00            | 18          |                | 10            | 3:39          |
| Last lap Finish | 3.25        | 13:42         | 4:12            | 4           | 1:09           | 15          | 2:40          | 9.75  | 39:47 | 4:04            | 3           | 2:43           | 10            | 6:19          |