



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Schwetschenau, Sascha

Club: Frankfurt am Main

Number: 351

Course: 9.75 km

10 km Lauf

Category:

Männer M35

Total time: 50:15

Speed: 10.75 km/h

Running performance: 5:09 min/km

Rank in course/Total: 102 (of 224)

Rank in course/Men: 92 (of 166)

Best time in course: 33:28

Rank in category: 14(of 26)

Best time in the category: 33:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:45	5:09	17	5:37	103	5:37	3.25	16:45	5:09	1	-	89	5:37
Lap 2	3.25	17:05	5:15	15	5:47	92	5:47	6.50	33:50	5:12	1	-	91	11:24
Last lap Finish	3.25	16:25	5:03	12	5:23	79	5:23	9.75	50:15	5:09	14	16:47	92	16:47