



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

gellert, christopher

Club: fsv schmalkalden

Number: 329

Course: 9.75 km

10 km Lauf

Category:

Männer M30

Total time: 39:52

Speed: 13.55 km/h

Running performance: 4:05 min/km

Rank in course/Total: 11 (of 224)

Rank in course/Men: 11 (of 166)

Best time in course: 33:28

Rank in category: 4(of 19)

Best time in the category: 37:04

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	3.25	13:02	4:00	4	1:01	13	1:54	3.25	13:02	4:00	17		11	1:54
Lap 2	3.25	13:36	4:11	4	1:06	12	2:18	6.50	26:38	4:05	17		11	4:12
Last lap Finish	3.25	13:14	4:04	2	0:41	8	2:12	9.75	39:52	4:05	4	2:48	11	6:24