



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Hermann, Helmut

Club: USV TU Dresden

Number: 446

Course: 9.75 km

10 km Lauf

Category:

Männer M60

Total time: 51:05

Speed: 10.57 km/h

Running performance: 5:14 min/km

Rank in course/Total: 112 (of 224)

Rank in course/Men: 97 (of 166)

Best time in course: 33:28

Rank in category: 8(of 8)

Best time in the category: 39:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Men	Behind Men	km	Time	min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	16:44	5:08	8	2:44	100	5:36	3.25	16:44	5:08	7	2:44	68	5:36	
Lap 2	3.25	17:16	5:18	6	4:04	97	5:58	6.50	34:00	5:13	7	6:48	96	11:34	
Last lap Finish	3.25	17:05	5:15	7	4:23	93	6:03	9.75	51:05	5:14	8	11:11	97	17:37	