



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Laddach, Manuel

Club: Berliner Kanuklub Borussia
Number: 343

Course: 9.75 km
10 km Lauf

Category:
Männer M35

Total time: 53:05

Speed: 10.17 km/h
Running performance: 5:26 min/km

Rank in course/Total: 129 (of 224)

Rank in course/Men: 111 (of 166)

Best time in course: 33:28

Rank in category: 18(of 26)

Best time in the category: 33:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	15:47	4:51	10	4:39	72	4:39	3.25	15:47	4:51	9			61	4:39
Lap 2	3.25	17:44	5:27	18	6:26	104	6:26	6.50	33:31	5:09	9			90	11:05
Last lap Finish	3.25	19:34	6:01	25	8:32	146	8:32	9.75	53:05	5:26	18	19:37		111	19:37