



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Erdreich, Bernd

Club: Frechen

Number: 362

Course: 9.75 km

10 km Lauf

Category:

Männer M35

Total time: 53:31

Speed: 10.09 km/h

Running performance: 5:29 min/km

Rank in course/Total: 138 (of 224)

Rank in course/Men: 118 (of 166)

Best time in course: 33:28

Rank in category: 22(of 26)

Best time in the category: 33:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	18:14	5:36	22	7:06	128	7:06	3.25	18:14	5:36	7	1:29	115	7:06
Lap 2	3.25	17:33	5:24	16	6:15	99	6:15	6.50	35:47	5:30	7	1:57	115	13:21
Last lap Finish	3.25	17:44	5:27	17	6:42	106	6:42	9.75	53:31	5:29	22	20:03	118	20:03