



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Thiel, Dieter

Club: SV Olympia Neustadt

Number: 408

Course: 9.75 km

10 km Lauf

Category:

Männer M45

Total time: 53:54

Speed: 10.02 km/h

Running performance: 5:32 min/km

Rank in course/Total: 141 (of 224)

Rank in course/Men: 121 (of 166)

Best time in course: 33:28

Rank in category: 26(of 38)

Best time in the category: 38:56

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	3.25	18:10	5:35	29	5:33	126	7:02	3.25	18:10	5:35	6	0:25	118	7:02
Lap 2	3.25	18:07	5:34	25	5:04	112	6:49	6.50	36:17	5:34	6		118	13:51
Last lap Finish	3.25	17:37	5:25	23	4:36	102	6:35	9.75	53:54	5:31	26	14:58	121	20:26