



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Kirchner, Manuela

Club: Erfurt
Number: 485

Course: 9.75 km
10 km Lauf

Category:
Frauen W35

Total time: 54:02

Speed: 9.99 km/h
Running performance: 5:32 min/km

Rank in course/Total: 143 (of 224)

Rank in course/Women: 22 (of 58)

Best time in course: 44:26

Rank in category: 3(of 9)

Best time in the category: 48:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Lap 1	3.25	17:46	5:28	3	2:20	22	3:32	3.25	17:46	5:28	3	2:20	52
Lap 2	3.25	18:09	5:35	3	1:40	19	3:20	6.50	35:55	5:31	3	4:00	52
Last lap Finish	3.25	18:07	5:34	5	2:21	22	3:09	9.75	54:02	5:32	4	38:16	23 38:16