



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Cloos, Steffen

Club: Schwalmstadt

Number: 338

Course: 9.75 km

10 km Lauf

Category:

Männer M30

Total time: 54:36

Speed: 9.89 km/h

Running performance: 5:36 min/km

Rank in course/Total: 146 (of 224)

Rank in course/Men: 122 (of 166)

Best time in course: 33:28

Rank in category: 17(of 19)

Best time in the category: 37:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	18:33	5:42	18	6:32	133	7:25	3.25	18:33	5:42	4	4:07	119	7:25
Lap 2	3.25	18:11	5:35	17	5:41	114	6:53	6.50	36:44	5:39	4	6:37	119	14:18
Last lap Finish	3.25	17:52	5:29	17	5:19	110	6:50	9.75	54:36	5:36	17	17:32	122	21:08