



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Marte, Helena

Club: Künzell

Number: 486

Course: 9.75 km

10 km Lauf

Category:

Frauen W35

Total time: 54:50

Speed: 9.85 km/h

Running performance: 5:37 min/km

Rank in course/Total: 147 (of 224)

Rank in course/Women: 25 (of 58)

Best time in course: 44:26

Rank in category: 5(of 9)

Best time in the category: 48:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking								
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women		
Lap 1	3.25	17:47	5:28	5	2:21	24	3:33	3.25	17:47	5:28	5	2:21	54			
Lap 2	3.25	18:34	5:42	5	2:05	23	3:45	6.50	36:21	5:35	5	4:26	54			
Last lap Finish	3.25	18:29	5:41	6	2:43	25	3:31	9.75	54:50	5:37	6	39:04	26	39:04		