



# 6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

## Detailed evaluation

**Marte, Helena**

Club: Künzell

Number: 486

Course: 9.75 km

10 km Lauf

Category:

Frauen W35

Total time: 54:50

Speed: 9.85 km/h

Running performance: 5:37 min/km

Rank in course/Total: 147 (of 224)

Rank in course/Women: 25 (of 58)

Best time in course: 44:26

Rank in category: 5(of 9)

Best time in the category: 48:58

### Intermediate times

### Stage score

### Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score  |                 | Total ranking |               |                 |             |                |              |                 |  |  |
|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|--|--|
|                 |             |               |                 |             |                | Pos<br>Women | Behind<br>Women | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women |  |  |
| Lap 1           | 3.25        | 17:47         | 5:28            | 5           | 2:21           | 24           | 3:33            | 3.25          | 17:47         | 5:28            | 5           | 2:21           | 54           |                 |  |  |
| Lap 2           | 3.25        | 18:34         | 5:42            | 5           | 2:05           | 23           | 3:45            | 6.50          | 36:21         | 5:35            | 5           | 4:26           | 54           |                 |  |  |
| Last lap Finish | 3.25        | 18:29         | 5:41            | 6           | 2:43           | 25           | 3:31            | 9.75          | 54:50         | 5:37            | 6           | 39:04          | 26           | 39:04           |  |  |