



# 6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

## Detailed evaluation

**Pelani, Bettina**

Club: Castrop-Rauxel

Number: 503

Course: 9.75 km

10 km Lauf

Category:

Frauen W45

Total time: 56:21

Speed: 9.58 km/h

Running performance: 5:47 min/km

Rank in course/Total: 165 (of 224)

Rank in course/Women: 27 (of 58)

Best time in course: 44:26

Rank in category: 5(of 11)

Best time in the category: 47:00

### Intermediate times

### Stage score

### Total ranking

| Control         | Split km | Split Time | Split min/km | Stage score |             |           |              | Total ranking |            |              |          |             |           |
|-----------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|
|                 |          |            |              | Pos Cat.    | Behind Cat. | Pos Women | Behind Women | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women |
| Lap 1           | 3.25     | 18:40      | 5:44         | 8           | 2:46        | 34        | 4:26         | 3.25          | 18:40      | 5:44         | 4        | 2:46        | 55        |
| Lap 2           | 3.25     | 19:00      | 5:50         | 4           | 3:16        | 27        | 4:11         | 6.50          | 37:40      | 5:47         | 4        | 6:02        | 55        |
| Last lap Finish | 3.25     | 18:41      | 5:44         | 4           | 3:19        | 27        | 3:43         | 9.75          | 56:21      | 5:46         | 5        | 9:21        | 28 40:35  |