



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Roth, Wolfgang

Club: Mültallaufverein

Number: 436

Course: 9.75 km

10 km Lauf

Category:

Männer M55

Total time: 56:31

Speed: 9.55 km/h

Running performance: 5:48 min/km

Rank in course/Total: 167 (of 224)

Rank in course/Men: 140 (of 166)

Best time in course: 33:28

Rank in category: 6(of 8)

Best time in the category: 40:43

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	3.25	19:10	5:53	7	6:04	149	8:02	3.25	19:10	5:53	6	6:04	138	8:02
Lap 2	3.25	18:49	5:47	6	5:01	130	7:31	6.50	37:59	5:50	6	11:05	138	15:33
Last lap Finish	3.25	18:32	5:42	6	4:43	128	7:30	9.75	56:31	5:47	6	15:48	140	23:03