



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Mensing, Janine

Club: Ilmenau

Number: 477

Course: 9.75 km

10 km Lauf

Category:

Frauen W30

Total time: 56:36

Speed: 9.54 km/h

Running performance: 5:49 min/km

Rank in course/Total: 169 (of 224)

Rank in course/Women: 28 (of 58)

Best time in course: 44:26

Rank in category: 8(of 10)

Best time in the category: 44:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Lap 1	3.25	19:03	5:51	9	4:49	37	4:49	3.25	19:03	5:51	8	4:49	56		
Lap 2	3.25	18:55	5:49	8	4:06	26	4:06	6.50	37:58	5:50	8	8:40	56		
Last lap Finish	3.25	18:38	5:44	7	3:40	26	3:40	9.75	56:36	5:48	8	12:10	29	40:50	