



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Roos, Marc-Oliver

Club: sportics.net

Number: 353

Course: 9.75 km

10 km Lauf

Category:

Männer M35

Total time: 56:48

Speed: 9.51 km/h

Running performance: 5:50 min/km

Rank in course/Total: 172 (of 224)

Rank in course/Men: 143 (of 166)

Best time in course: 33:28

Rank in category: 25(of 26)

Best time in the category: 33:28

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.25 | 19:09 | 5:53 | 24 | 8:01 | 145 | 8:01 | 3.25 | 19:09 | 5:53 | 3 | 2:24 | 133 | 8:01 |
| Lap 2 | 3.25 | 19:26 | 5:58 | 26 | 8:08 | 142 | 8:08 | 6.50 | 38:35 | 5:56 | 3 | 4:45 | 137 | 16:09 |
| Last lap Finish | 3.25 | 18:13 | 5:36 | 21 | 7:11 | 119 | 7:11 | 9.75 | 56:48 | 5:49 | 25 | 23:20 | 143 | 23:20 |