



# 6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

## Detailed evaluation

**Roos, Marc-Oliver**

Club: sportics.net

Number: 353

Course: 9.75 km

10 km Lauf

Category:

Männer M35

Total time: 56:48

Speed: 9.51 km/h

Running performance: 5:50 min/km

Rank in course/Total: 172 (of 224)

Rank in course/Men: 143 (of 166)

Best time in course: 33:28

Rank in category: 25(of 26)

Best time in the category: 33:28

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	19:09	5:53	24	8:01	145	8:01	3.25	19:09	5:53	3	2:24	133	8:01
Lap 2	3.25	19:26	5:58	26	8:08	142	8:08	6.50	38:35	5:56	3	4:45	137	16:09
Last lap Finish	3.25	18:13	5:36	21	7:11	119	7:11	9.75	56:48	5:49	25	23:20	143	23:20