



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Rexhäuser, Sibylle

Club: Steinach

Number: 504

Course: 9.75 km

10 km Lauf

Category:

Frauen W45

Total time: 56:58

Speed: 9.48 km/h

Running performance: 5:50 min/km

Rank in course/Total: 174 (of 224)

Rank in course/Women: 30 (of 58)

Best time in course: 44:26

Rank in category: 6(of 11)

Best time in the category: 47:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Lap 1	3.25	17:50	5:29	4	1:56	26	3:36	3.25	17:50	5:29	5	1:56	16
Lap 2	3.25	19:28	5:59	8	3:44	34	4:39	6.50	37:18	5:44	5	5:40	4
Last lap Finish	3.25	19:40	6:03	7	4:18	34	4:42	9.75	56:58	5:50	6	9:58	31 41:12