



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Siegmund, Monika

Club: TV Igstadt

Number: 502

Course: 9.75 km

10 km Lauf

Category:

Frauen W45

Total time: 57:28

Speed: 9.40 km/h

Running performance: 5:53 min/km

Rank in course/Total: 178 (of 224)

Rank in course/Women: 33 (of 58)

Best time in course: 44:26

Rank in category: 8(of 11)

Best time in the category: 47:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	18:08	5:34	7	2:14	30	3:54	3.25	18:08	5:34	6	2:14	2	
Lap 2	3.25	19:09	5:53	6	3:25	29	4:20	6.50	37:17	5:44	6	5:39	2	
Last lap Finish	3.25	20:11	6:12	9	4:49	39	5:13	9.75	57:28	5:53	8	10:28	34	41:42