



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Lindner, Franka

Club: SG GutsMuths Schnepfenthal

Number: 499

Course: 9.75 km

10 km Lauf

Category:

Frauen W45

Total time: 57:08

Speed: 9.45 km/h

Running performance: 5:52 min/km

Rank in course/Total: 175 (of 224)

Rank in course/Women: 31 (of 58)

Best time in course: 44:26

Rank in category: 7(of 11)

Best time in the category: 47:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	18:07	5:34	6	2:13	29	3:53	3.25	18:07	5:34	7	2:13	3	
Lap 2	3.25	19:03	5:51	5	3:19	28	4:14	6.50	37:10	5:43	7	5:32	3	
Last lap Finish	3.25	19:58	6:08	8	4:36	36	5:00	9.75	57:08	5:51	7	10:08	32	41:22