



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Winkler, Regina

Club: TV Igstadt

Number: 474

Course: 9.75 km

10 km Lauf

Category:

Frauen W30

Total time: 57:29

Speed: 9.39 km/h

Running performance: 5:54 min/km

Rank in course/Total: 179 (of 224)

Rank in course/Women: 34 (of 58)

Best time in course: 44:26

Rank in category: 9(of 10)

Best time in the category: 44:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total		Total		Total		Total	
								km	Time	min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Lap 1	3.25	18:08	5:34	8	3:54	30	3:54	3.25	18:08	5:34	9	3:54	2		
Lap 2	3.25	19:10	5:53	9	4:21	30	4:21	6.50	37:18	5:44	9	8:00	4		
Last lap Finish	3.25	20:11	6:12	9	5:13	39	5:13	9.75	57:29	5:53	9	13:03	35	41:43	