



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Flechtner, Christiane

Club: Berliner Kanuklub Borussia

Number: 492

Course: 9.75 km

10 km Lauf

Category:

Frauen W40

Total time: 57:09

Speed: 9.45 km/h

Running performance: 5:52 min/km

Rank in course/Total: 176 (of 224)

Rank in course/Women: 32 (of 58)

Best time in course: 44:26

Rank in category: 3(of 5)

Best time in the category: 48:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Lap 1	3.25	18:41	5:44	3	3:22	35	4:27	3.25	18:41	5:44	3	3:22	5
Lap 2	3.25	19:19	5:56	3	2:56	33	4:30	6.50	38:00	5:50	3	6:18	5
Last lap Finish	3.25	19:09	5:53	3	2:35	29	4:11	9.75	57:09	5:51	3	8:53	33 41:23