



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Giller, Jan

Club: Eschwege

Number: 340

Course: 9.75 km

10 km Lauf

Category:

Männer M30

Total time: 41:10

Speed: 14.21 km/h

Running performance: 4:13 min/km

Rank in course/Total: 18 (of 224)

Rank in course/Men: 18 (of 166)

Best time in course: 33:28

Rank in category: 5(of 19)

Best time in the category: 37:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	13:03	4:00	5	1:02	15	1:55	3.25	13:03	4:00	16		18	1:55	
Lap 2	3.25	14:04	4:19	5	1:34	17	2:46	6.50	27:07	4:10	16		18	4:41	
Last lap Finish	3.25	14:03	4:19	6	1:30	21	3:01	9.75	41:10	4:13	5	4:06	18	7:42	