



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Kalb, Sabine

Club: DJK Teutonia Gaustadt

Number: 496

Course: 9.75 km

10 km Lauf

Category:

Frauen W45

Total time: 58:33

Speed: 9.22 km/h

Running performance: 6:01 min/km

Rank in course/Total: 185 (of 224)

Rank in course/Women: 36 (of 58)

Best time in course: 44:26

Rank in category: 9(of 11)

Best time in the category: 47:00

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|--|
| | | | | | | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | |
| Lap 1 | 3.25 | 19:15 | 5:55 | 9 | 3:21 | 38 | 5:01 | 3.25 | 19:15 | 5:55 | 9 | 3:21 | 8 | | |
| Lap 2 | 3.25 | 19:55 | 6:07 | 9 | 4:11 | 35 | 5:06 | 6.50 | 39:10 | 6:01 | 9 | 7:32 | 8 | | |
| Last lap Finish | 3.25 | 19:23 | 5:57 | 5 | 4:01 | 30 | 4:25 | 9.75 | 58:33 | 6:00 | 9 | 11:33 | 37 | 42:47 | |