



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Winkler, Elke

Club: Nofretete e.V.

Number: 551

Course: 9.75 km

10 km Lauf

Category:

Frauen W50

Total time: 1:00:33

Speed: 8.92 km/h

Running performance: 6:13 min/km

Rank in course/Total: 189 (of 224)

Rank in course/Women: 40 (of 58)

Best time in course: 44:26

Rank in category: 5(of 11)

Best time in the category: 50:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking					
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Lap 1	3.25	19:28	5:59	6	2:42	42	5:14	3.25	19:28	5:59	5	2:42	12
Lap 2	3.25	20:24	6:16	5	3:27	40	5:35	6.50	39:52	6:08	5	6:09	12
Last lap Finish	3.25	20:41	6:21	6	3:48	43	5:43	9.75	1:00:33	6:12	5	9:57	41 44:47