



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Schlichtig, Ursula

Club: DJK Teutonia Gaustadt

Number: 497

Course: 9.75 km

10 km Lauf

Category:

Frauen W45

Total time: 1:00:40

Speed: 8.90 km/h

Running performance: 6:13 min/km

Rank in course/Total: 190 (of 224)

Rank in course/Women: 41 (of 58)

Best time in course: 44:26

Rank in category: 10(of 11)

Best time in the category: 47:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Lap 1	3.25	19:25	5:58	10	3:31	41	5:11	3.25	19:25	5:58	10	3:31	13		
Lap 2	3.25	20:31	6:18	10	4:47	41	5:42	6.50	39:56	6:08	10	8:18	13		
Last lap Finish	3.25	20:44	6:22	10	5:22	45	5:46	9.75	1:00:40	6:13	10	13:40	42	44:54	