



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Melath, Jana

Club: twitterlaufftreff

Number: 490

Course: 9.75 km

10 km Lauf

Category:

Frauen W40

Total time: 1:01:06

Speed: 9.57 km/h

Running performance: 6:16 min/km

Rank in course/Total: 191 (of 224)

Rank in course/Women: 42 (of 58)

Best time in course: 44:26

Rank in category: 4(of 5)

Best time in the category: 48:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	20:22	6:15	4	5:03	46	6:08	3.25	20:22	6:15	4	5:03	14	0:06
Lap 2	3.25	20:46	6:23	4	4:23	44	5:57	6.50	41:08	6:19	4	9:26	14	0:10
Last lap Finish	3.25	19:58	6:08	4	3:24	36	5:00	9.75	1:01:06	6:15	4	12:50	43	45:20