



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Linke, Ruediger

Club: TSG Schlitz

Number: 412

Course: 9.75 km

10 km Lauf

Category:

Männer M45

Total time: 1:02:12

Speed: 8.68 km/h

Running performance: 6:23 min/km

Rank in course/Total: 196 (of 224)

Rank in course/Men: 151 (of 166)

Best time in course: 33:28

Rank in category: 33(of 38)

Best time in the category: 38:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	19:08	5:53	33	6:31	142	8:00	3.25	19:08	5:53	13	1:23	135	8:00
Lap 2	3.25	21:24	6:35	33	8:21	151	10:06	6.50	40:32	6:14	13	3:16	149	18:06
Last lap Finish	3.25	21:40	6:40	34	8:39	154	10:38	9.75	1:02:12	6:22	33	23:16	151	28:44