



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Gerlach, Detlef

Club: Eisenach

Number: 440

Course: 9.75 km

10 km Lauf

Category:

Männer M55

Total time: 1:02:34

Speed: 8.63 km/h

Running performance: 6:25 min/km

Rank in course/Total: 197 (of 224)

Rank in course/Men: 152 (of 166)

Best time in course: 33:28

Rank in category: 8(of 8)

Best time in the category: 40:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	19:08	5:53	5	6:02	142	8:00	3.25	19:08	5:53	5	6:02	135	8:00
Lap 2	3.25	21:26	6:35	8	7:38	154	10:08	6.50	40:34	6:14	8	13:40	150	18:08
Last lap Finish	3.25	22:00	6:46	8	8:11	155	10:58	9.75	1:02:34	6:25	8	21:51	152	29:06