



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

unger, helgard

Club: klinikum meiningen

Number: 516

Course: 9.75 km

10 km Lauf

Category:

Frauen W60

Total time: 1:03:28

Speed: 8.51 km/h

Running performance: 6:31 min/km

Rank in course/Total: 198 (of 224)

Rank in course/Women: 46 (of 58)

Best time in course: 44:26

Rank in category: 1(of 1)

Best time in the category: 1:03:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	20:33	6:19	1	-	47	6:19	3.25	20:33	6:19	1	-	18	0:17
Lap 2	3.25	21:27	6:35	1	-	47	6:38	6.50	42:00	6:27	1	-	18	1:02
Last lap Finish	3.25	21:28	6:36	1	-	47	6:30	9.75	1:03:28	6:30	1	-	47	47:42