



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Haase, Michael

Club: Reichenbach firs

Number: 425

Course: 9.75 km

10 km Lauf

Category:

Männer M45

Total time: 1:03:28

Speed: 8.51 km/h

Running performance: 6:31 min/km

Rank in course/Total: 199 (of 224)

Rank in course/Men: 153 (of 166)

Best time in course: 33:28

Rank in category: 34(of 38)

Best time in the category: 38:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	20:14	6:13	36	7:37	158	9:06	3.25	20:14	6:13	14	2:29	151	9:06
Lap 2	3.25	21:41	6:40	35	8:38	155	10:23	6.50	41:55	6:26	14	4:39	151	19:29
Last lap Finish	3.25	21:33	6:37	33	8:32	153	10:31	9.75	1:03:28	6:30	34	24:32	153	30:00