



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Kluge, Lutz

Club: Bosch Hildesheim

Number: 396

Course: 9.75 km

10 km Lauf

Category:

Männer M45

Total time: 1:04:01

Speed: 8.44 km/h

Running performance: 6:34 min/km

Rank in course/Total: 200 (of 224)

Rank in course/Men: 154 (of 166)

Best time in course: 33:28

Rank in category: 35(of 38)

Best time in the category: 38:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	19:31	6:00	34	6:54	152	8:23	3.25	19:31	6:00	15	1:46	152	8:23
Lap 2	3.25	22:04	6:47	37	9:01	157	10:46	6.50	41:35	6:23	15	4:19	152	19:09
Last lap Finish	3.25	22:26	6:54	35	9:25	156	11:24	9.75	1:04:01	6:33	35	25:05	154	30:33