



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Hübner, Birgit

Club: ASC Marathon Friedberg

Number: 495

Course: 9.75 km

10 km Lauf

Category:

Frauen W45

Total time: 1:04:09

Speed: 8.42 km/h

Running performance: 6:35 min/km

Rank in course/Total: 201 (of 224)

Rank in course/Women: 47 (of 58)

Best time in course: 44:26

Rank in category: 11(of 11)

Best time in the category: 47:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Women	Behind Women	km	Time				Pos Women	Behind Women
Lap 1	3.25	21:03	6:28	11	5:09	49	6:49	3.25	21:03	6:28	11	5:09	19	0:47
Lap 2	3.25	21:13	6:31	11	5:29	46	6:24	6.50	42:16	6:30	11	10:38	19	1:18
Last lap Finish	3.25	21:53	6:44	11	6:31	49	6:55	9.75	1:04:09	6:34	11	17:09	48	48:23