



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Hallmann, Thomas

Club: Hildesheim

Number: 387

Course: 9.75 km

10 km Lauf

Category:

Männer M40

Total time: 1:04:46

Speed: 8.34 km/h

Running performance: 6:38 min/km

Rank in course/Total: 204 (of 224)

Rank in course/Men: 156 (of 166)

Best time in course: 33:28

Rank in category: 17(of 20)

Best time in the category: 41:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	20:58	6:27	19	6:56	160	9:50	3.25	20:58	6:27	5	2:16	153	9:50
Lap 2	3.25	22:48	7:00	19	9:01	160	11:30	6.50	43:46	6:44	5	7:12	153	21:20
Last lap Finish	3.25	21:00	6:27	16	7:45	151	9:58	9.75	1:04:46	6:38	17	23:39	156	31:18