



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

heller, maik

Total time: 1:04:58

Number: 389

Speed: 8.31 km/h

Running performance: 6:40 min/km

Course: 9.75 km

Rank in course/Total: 206 (of 224)

10 km Lauf

Rank in course/Men: 157 (of 166)

Best time in course: 33:28

Category:

Rank in category: 18(of 20)

Männer M40

Best time in the category: 41:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	20:02	6:09	17	6:00	155	8:54	3.25	20:02	6:09	4	1:20	156	8:54
Lap 2	3.25	21:25	6:35	17	7:38	153	10:07	6.50	41:27	6:22	4	4:53	155	19:01
Last lap Finish	3.25	23:31	7:14	19	10:16	161	12:29	9.75	1:04:58	6:39	18	23:51	157	31:30