



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Vogel, Maik

Club: Velpker SV

Number: 419

Course: 9.75 km

10 km Lauf

Category:

Männer M45

Total time: 1:07:12

Speed: 8.04 km/h

Running performance: 6:53 min/km

Rank in course/Total: 210 (of 224)

Rank in course/Men: 161 (of 166)

Best time in course: 33:28

Rank in category: 37(of 38)

Best time in the category: 38:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	21:40	6:40	37	9:03	162	10:32	3.25	21:40	6:40	17	3:55	159	10:32
Lap 2	3.25	21:59	6:45	36	8:56	156	10:41	6.50	43:39	6:42	17	6:23	159	21:13
Last lap Finish	3.25	23:33	7:14	37	10:32	163	12:31	9.75	1:07:12	6:53	37	28:16	161	33:44