



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Teuteberg, Alexander

Club: Laufgemeinschaft Unkeroda

Number: 374

Course: 9.75 km

10 km Lauf

Category:

Männer M40

Total time: 1:09:24

Speed: 7.78 km/h

Running performance: 7:07 min/km

Rank in course/Total: 213 (of 224)

Rank in course/Men: 163 (of 166)

Best time in course: 33:28

Rank in category: 20(of 20)

Best time in the category: 41:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	22:32	6:56	20	8:30	164	11:24	3.25	22:32	6:56	2	3:50	161	11:24
Lap 2	3.25	23:02	7:05	20	9:15	162	11:44	6.50	45:34	7:00	2	9:00	161	23:08
Last lap Finish	3.25	23:50	7:19	20	10:35	164	12:48	9.75	1:09:24	7:07	20	28:17	163	35:56