



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Dörries, Klaus

Club: Hennef

Number: 422

Course: 9.75 km

10 km Lauf

Category:

Männer M45

Total time: 1:11:12

Speed: 7.58 km/h

Running performance: 7:18 min/km

Rank in course/Total: 217 (of 224)

Rank in course/Men: 165 (of 166)

Best time in course: 33:28

Rank in category: 38(of 38)

Best time in the category: 38:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	23:52	7:20	38	11:15	165	12:44	3.25	23:52	7:20	18	6:07	163	12:44
Lap 2	3.25	23:27	7:12	38	10:24	164	12:09	6.50	47:19	7:16	18	10:03	163	24:53
Last lap Finish	3.25	23:53	7:20	38	10:52	165	12:51	9.75	1:11:12	7:18	38	32:16	165	37:44