



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Schramm, Nicole

Club: Wiesbaden

Number: 467

Course: 9.75 km

10 km Lauf

Category:

Frauen W20

Total time: 1:17:29

Speed: 6.97 km/h

Running performance: 7:57 min/km

Rank in course/Total: 222 (of 224)

Rank in course/Women: 56 (of 58)

Best time in course: 44:26

Rank in category: 9(of 9)

Best time in the category: 46:55

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total | | Total | | Total | | Pos Cat. | Behind Cat. | Pos Women | Behind Women | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|-------|---------|--------|-----|--------|-----|-------------|----------------|--------------|-----------------|--------|
| | | | | | | | | km | Time | min/km | Pos | Behind | Pos | | | | | Behind |
| Lap 1 | 3.25 | 25:13 | 7:45 | 9 | 9:58 | 56 | 10:59 | 3.25 | 25:13 | 7:45 | 9 | 9:58 | 28 | 4:57 | | | | |
| Lap 2 | 3.25 | 26:32 | 8:09 | 9 | 10:35 | 56 | 11:43 | 6.50 | 51:45 | 7:57 | 9 | 20:33 | 28 | 10:47 | | | | |
| Last lap Finish | 3.25 | 25:44 | 7:55 | 9 | 10:01 | 57 | 10:46 | 9.75 | 1:17:29 | 7:56 | 9 | 30:34 | 57 | 1:01:43 | | | | |