



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Große, Thomas

Club: Wolfsburg

Number: 424

Course: 9.75 km

10 km Lauf

Category:

Männer M45

Total time: 51:44

Speed: 10.44 km/h

Running performance: 5:19 min/km

Rank in course/Total: 115 (of 224)

Rank in course/Men: 100 (of 166)

Best time in course: 33:28

Rank in category: 23(of 38)

Best time in the category: 38:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:51	5:29	27	5:14	124	6:43	3.25	17:51	5:29	19	0:06	166	6:43
Lap 2	3.25	16:53	5:11	21	3:50	84	5:35	6.50	34:44	5:20	19		166	12:18
Last lap Finish	3.25	17:00	5:13	22	3:59	92	5:58	9.75	51:44	5:18	23	12:48	100	18:16