



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Drüke, Chris

Club: Nonstop Ultra

Number: 215

Course: 42.25 km

Marathon

Category:

Männer M20

Total time: 3:11:23

Speed: 13.17 km/h

Running performance: 4:32 min/km

Rank in course/Total: 9 (of 164)

Rank in course/Men: 9 (of 136)

Best time in course: 2:51:03

Rank in category: 3(of 17)

Best time in the category: 2:53:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	13:12	4:03	4	0:13	9	0:32	3.25	13:12	4:03	15		14	
Lap 2	3.25	13:40	4:12	4	0:56	9	0:56	6.50	26:52	4:08	15		14	
Lap 3	3.25	13:48	4:14	3	1:01	8	1:01	9.75	40:40	4:10	11		14	
Lap 4	3.25	13:56	4:17	3	0:58	8	1:00	13.00	54:36	4:12	3	3:01	13	
Lap 5	3.25	14:26	4:26	4	1:36	11	1:36	16.25	1:09:02	4:14	3	4:37	13	
Lap 6	3.25	14:29	4:27	4	1:20	12	1:21	19.50	1:23:31	4:16	3	5:57	13	
Lap 7	3.25	14:50	4:33	4	1:55	11	1:55	22.75	1:38:21	4:19	3	7:52	11	
Lap 8	3.25	14:31	4:28	3	1:18	9	1:19	26.00	1:52:52	4:20	3	9:10	11	
Lap 9	3.25	15:00	4:36	3	1:36	10	1:36	29.25	2:07:52	4:22	3	10:46	10	
Lap 10	3.25	15:21	4:43	3	1:45	11	1:46	32.50	2:23:13	4:24	3	12:31	9	12:32
Lap 11	3.25	15:46	4:51	3	1:55	11	2:37	35.75	2:38:59	4:26	3	14:26	9	15:09
Lap 12	3.25	16:42	5:08	3	2:32	13	3:01	39.00	2:55:41	4:30	3	16:46	9	18:10
Last lap Finish	3.25	15:42	4:49	3	1:28	12	2:10	42.25	3:11:23	4:31	4	1:45:10	14	1:45:10