



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Kriwaczek, Roy

Club: Team Mountria

Number: 5

Course: 42.25 km

Marathon

Category:

Männer M20

Total time: 3:22:16

Speed: 12.53 km/h

Running performance: 4:47 min/km

Rank in course/Total: 14 (of 164)

Rank in course/Men: 14 (of 136)

Best time in course: 2:51:03

Rank in category: 5(of 17)

Best time in the category: 2:53:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:00	4:36	10	2:01	30	2:20	3.25	15:00	4:36	13		19	
Lap 2	3.25	14:17	4:23	6	1:33	19	1:33	6.50	29:17	4:30	13		19	
Lap 3	3.25	14:15	4:23	6	1:28	13	1:28	9.75	43:32	4:27	13		19	
Lap 4	3.25	14:08	4:20	4	1:10	10	1:12	13.00	57:40	4:26	5	6:05	18	1:15
Lap 5	3.25	14:38	4:30	5	1:48	15	1:48	16.25	1:12:18	4:26	5	7:53	18	1:27
Lap 6	3.25	14:44	4:31	5	1:35	14	1:36	19.50	1:27:02	4:27	5	9:28	18	0:55
Lap 7	3.25	15:06	4:38	5	2:11	15	2:11	22.75	1:42:08	4:29	5	11:39	16	
Lap 8	3.25	15:20	4:43	5	2:07	16	2:08	26.00	1:57:28	4:31	5	13:46	16	
Lap 9	3.25	16:11	4:58	5	2:47	19	2:47	29.25	2:13:39	4:34	5	16:33	15	
Lap 10	3.25	16:36	5:06	5	3:00	19	3:01	32.50	2:30:15	4:37	5	19:33	14	19:34
Lap 11	3.25	16:56	5:12	4	3:05	18	3:47	35.75	2:47:11	4:40	5	22:38	14	23:21
Lap 12	3.25	17:32	5:23	4	3:22	20	3:51	39.00	3:04:43	4:44	5	25:48	14	27:12
Last lap Finish	3.25	17:33	5:24	5	3:19	31	4:01	42.25	3:22:16	4:47	6	1:56:03	19	1:56:03