



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Herzog, Christoph

Club: Saalfeld

Number: 316

Course: 9.75 km

10 km Lauf

Category:

Männer M20

Total time: 43:32

Speed: 12.40 km/h

Running performance: 4:28 min/km

Rank in course/Total: 27 (of 224)

Rank in course/Men: 27 (of 166)

Best time in course: 33:28

Rank in category: 4(of 15)

Best time in the category: 36:49

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:28	4:27	4	2:54	36	3:20	3.25	14:28	4:27	4	2:54	27	3:20
Lap 2	3.25	14:48	4:33	5	2:11	29	3:30	6.50	29:16	4:30	4	5:05	27	6:50
Last lap Finish	3.25	14:16	4:23	5	1:38	24	3:14	9.75	43:32	4:27	4	6:43	27	10:04