



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Herzog, Christoph

Club: Saalfeld

Number: 316

Course: 9.75 km

10 km Lauf

Category:

Männer M20

Total time: 43:32

Speed: 12.40 km/h

Running performance: 4:28 min/km

Rank in course/Total: 27 (of 224)

Rank in course/Men: 27 (of 166)

Best time in course: 33:28

Rank in category: 4(of 15)

Best time in the category: 36:49

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.25 | 14:28 | 4:27 | 4 | 2:54 | 36 | 3:20 | 3.25 | 14:28 | 4:27 | 4 | 2:54 | 27 | 3:20 |
| Lap 2 | 3.25 | 14:48 | 4:33 | 5 | 2:11 | 29 | 3:30 | 6.50 | 29:16 | 4:30 | 4 | 5:05 | 27 | 6:50 |
| Last lap Finish | 3.25 | 14:16 | 4:23 | 5 | 1:38 | 24 | 3:14 | 9.75 | 43:32 | 4:27 | 4 | 6:43 | 27 | 10:04 |