



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Brehe, Michael

Club: Osnabrück

Number: 144

Course: 42.25 km

Marathon

Category:

Männer M50

Total time: 3:32:54

Speed: 11.84 km/h

Running performance: 5:02 min/km

Rank in course/Total: 25 (of 164)

Rank in course/Men: 24 (of 136)

Best time in course: 2:51:03

Rank in category: 1(of 18)

Best time in the category: 3:32:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:38	4:48	4	0:34	43	2:58	3.25	15:38	4:48	18		26	
Lap 2	3.25	15:53	4:53	3	0:35	43	3:09	6.50	31:31	4:50	18		30	
Lap 3	3.25	15:51	4:52	2	0:04	42	3:04	9.75	47:22	4:51	18		30	
Lap 4	3.25	15:41	4:49	1	-	34	2:45	13.00	1:03:03	4:50	18		29	6:38
Lap 5	3.25	15:39	4:48	1	-	30	2:49	16.25	1:18:42	4:50	18		29	7:51
Lap 6	3.25	15:52	4:52	1	-	29	2:44	19.50	1:34:34	4:50	18		29	8:27
Lap 7	3.25	16:01	4:55	1	-	27	3:06	22.75	1:50:35	4:51	18		27	1:30
Lap 8	3.25	16:08	4:57	2	0:05	26	2:56	26.00	2:06:43	4:52	18		27	0:37
Lap 9	3.25	16:25	5:03	1	-	20	3:01	29.25	2:23:08	4:53	18		26	
Lap 10	3.25	16:52	5:11	3	0:33	22	3:17	32.50	2:40:00	4:55	10		25	29:19
Lap 11	3.25	17:22	5:20	3	0:57	23	4:13	35.75	2:57:22	4:57	10		23	33:32
Lap 12	3.25	17:52	5:29	3	1:05	26	4:11	39.00	3:15:14	5:00	10		24	37:43
Last lap Finish	3.25	17:40	5:26	4	2:19	33	4:08	42.25	3:32:54	5:02	2	48:36	30	2:06:41