



# 6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

## Detailed evaluation

**Reif, Bernd**

Club: laufcombo Reif

Number: 61

Course: 42.25 km

Marathon

Category:

Männer M40

Total time: 3:35:31

Speed: 11.76 km/h

Running performance: 5:06 min/km

Rank in course/Total: 27 (of 164)

Rank in course/Men: 25 (of 136)

Best time in course: 2:51:03

Rank in category: 6(of 24)

Best time in the category: 2:51:03

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:15	4:41	8	2:22	37	2:35	3.25	15:15	4:41	19		31	
Lap 2	3.25	15:20	4:43	7	2:27	33	2:36	6.50	30:35	4:42	19		31	
Lap 3	3.25	15:31	4:46	7	2:44	29	2:44	9.75	46:06	4:43	19		31	
Lap 4	3.25	15:32	4:46	7	2:34	26	2:36	13.00	1:01:38	4:44	19		30	5:13
Lap 5	3.25	15:39	4:48	7	2:49	30	2:49	16.25	1:17:17	4:45	19		30	6:26
Lap 6	3.25	15:38	4:48	6	2:30	27	2:30	19.50	1:32:55	4:45	19		30	6:48
Lap 7	3.25	15:59	4:55	6	3:03	26	3:04	22.75	1:48:54	4:47	19		28	
Lap 8	3.25	16:22	5:02	6	3:10	28	3:10	26.00	2:05:16	4:49	19		28	
Lap 9	3.25	16:45	5:09	6	3:20	26	3:21	29.25	2:22:01	4:51	19		27	
Lap 10	3.25	17:12	5:17	7	3:37	31	3:37	32.50	2:39:13	4:53	19		26	28:32
Lap 11	3.25	18:35	5:43	9	5:26	44	5:26	35.75	2:57:48	4:58	19		25	33:58
Lap 12	3.25	18:42	5:45	9	5:01	43	5:01	39.00	3:16:30	5:02	19		25	38:59
Last lap Finish	3.25	19:01	5:51	16	5:29	66	5:29	42.25	3:35:31	5:06	7	1:23:02	31	2:09:18