



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Ringlstetter, Eddy

Club: LT Hanau/Bruchköbel

Number: 100

Course: 42.25 km

Marathon

Category:

Männer M45

Total time: 3:35:33

Speed: 11.69 km/h

Running performance: 5:06 min/km

Rank in course/Total: 28 (of 164)

Rank in course/Men: 26 (of 136)

Best time in course: 2:51:03

Rank in category: 4(of 29)

Best time in the category: 3:07:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:43	4:50	12	2:03	54	3:03	3.25	15:43	4:50	26		32	
Lap 2	3.25	15:33	4:47	7	1:34	36	2:49	6.50	31:16	4:48	26		32	
Lap 3	3.25	15:32	4:46	5	1:16	30	2:45	9.75	46:48	4:47	26		32	
Lap 4	3.25	15:38	4:48	4	1:11	31	2:42	13.00	1:02:26	4:48	26		31	6:01
Lap 5	3.25	15:35	4:47	4	1:12	27	2:45	16.25	1:18:01	4:48	26		31	7:10
Lap 6	3.25	15:51	4:52	4	1:31	28	2:43	19.50	1:33:52	4:48	26		31	7:45
Lap 7	3.25	15:56	4:54	4	1:36	25	3:01	22.75	1:49:48	4:49	26		29	0:43
Lap 8	3.25	16:30	5:04	4	2:10	29	3:18	26.00	2:06:18	4:51	26		29	0:12
Lap 9	3.25	17:08	5:16	4	2:43	33	3:44	29.25	2:23:26	4:54	26		28	
Lap 10	3.25	19:02	5:51	12	4:37	67	5:27	32.50	2:42:28	4:59	26		27	31:47
Lap 11	3.25	17:24	5:21	4	2:44	24	4:15	35.75	2:59:52	5:01	26		26	36:02
Lap 12	3.25	18:25	5:40	6	3:25	37	4:44	39.00	3:18:17	5:05	26		26	40:46
Last lap Finish	3.25	17:16	5:18	4	2:12	26	3:44	42.25	3:35:33	5:06	5	1:10:36	32	2:09:20