



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Kümmel, Stephan

Club: LG Priestewitz

Number: 98

Course: 42.25 km

Marathon

Category:

Männer M45

Total time: 3:42:20

Speed: 11.40 km/h

Running performance: 5:16 min/km

Rank in course/Total: 39 (of 164)

Rank in course/Men: 37 (of 136)

Best time in course: 2:51:03

Rank in category: 5(of 29)

Best time in the category: 3:07:22

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:39	4:48	7	1:59	45	2:59	3.25	15:39	4:48	24		36	
Lap 2	3.25	16:34	5:05	13	2:35	61	3:50	6.50	32:13	4:57	24		36	
Lap 3	3.25	15:45	4:50	7	1:29	39	2:58	9.75	47:58	4:55	24		43	
Lap 4	3.25	16:02	4:56	6	1:35	39	3:06	13.00	1:04:00	4:55	24		42	7:35
Lap 5	3.25	16:20	5:01	6	1:57	46	3:30	16.25	1:20:20	4:56	24		42	9:29
Lap 6	3.25	16:39	5:07	7	2:19	46	3:31	19.50	1:36:59	4:58	24		42	10:52
Lap 7	3.25	16:56	5:12	6	2:36	44	4:01	22.75	1:53:55	5:00	24		40	4:50
Lap 8	3.25	17:06	5:15	6	2:46	44	3:54	26.00	2:11:01	5:02	24		40	4:55
Lap 9	3.25	17:54	5:30	8	3:29	46	4:30	29.25	2:28:55	5:05	24		39	2:55
Lap 10	3.25	18:07	5:34	5	3:42	38	4:32	32.50	2:47:02	5:08	24		38	36:21
Lap 11	3.25	18:27	5:40	8	3:47	39	5:18	35.75	3:05:29	5:11	24		37	41:39
Lap 12	3.25	18:50	5:47	8	3:50	47	5:09	39.00	3:24:19	5:14	24		37	46:48
Last lap Finish	3.25	18:01	5:32	7	2:57	39	4:29	42.25	3:42:20	5:15	6	1:17:23	43	2:16:07