



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Judenhahn, Holger

Club: RTC Bernburger Bären

Number: 132

Course: 42.25 km

Marathon

Category:

Männer M50

Total time: 3:42:39

Speed: 11.39 km/h

Running performance: 5:16 min/km

Rank in course/Total: 41 (of 164)

Rank in course/Men: 39 (of 136)

Best time in course: 2:51:03

Rank in category: 4(of 18)

Best time in the category: 3:32:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km			Pos Men	Behind Men
Lap 1	3.25	15:04	4:38	1	-	32	2:24	3.25	15:04	4:38	15		45	
Lap 2	3.25	15:18	4:42	1	-	32	2:34	6.50	30:22	4:40	15		45	
Lap 3	3.25	15:47	4:51	1	-	41	3:00	9.75	46:09	4:44	15		45	
Lap 4	3.25	16:09	4:58	3	0:28	45	3:13	13.00	1:02:18	4:47	15		44	5:53
Lap 5	3.25	16:00	4:55	2	0:21	37	3:10	16.25	1:18:18	4:49	15		44	7:27
Lap 6	3.25	16:31	5:04	5	0:39	42	3:23	19.50	1:34:49	4:51	15		44	8:42
Lap 7	3.25	17:06	5:15	5	1:05	51	4:11	22.75	1:51:55	4:55	15		42	2:50
Lap 8	3.25	17:18	5:19	6	1:15	46	4:06	26.00	2:09:13	4:58	15		42	3:07
Lap 9	3.25	17:36	5:24	6	1:11	43	4:12	29.25	2:26:49	5:01	15		41	0:49
Lap 10	3.25	18:34	5:42	6	2:15	48	4:59	32.50	2:45:23	5:05	15		40	34:42
Lap 11	3.25	19:01	5:51	8	2:36	53	5:52	35.75	3:04:24	5:09	15		39	40:34
Lap 12	3.25	19:35	6:01	8	2:48	61	5:54	39.00	3:23:59	5:13	15		39	46:28
Last lap Finish	3.25	18:40	5:44	9	3:19	57	5:08	42.25	3:42:39	5:16	5	58:21	45	2:16:26