



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Gebes, Norbert

Club: Bad-Lauchstädt

Number: 123

Course: 42.25 km

Marathon

Category:

Männer M50

Total time: 3:44:58

Speed: 11.20 km/h

Running performance: 5:19 min/km

Rank in course/Total: 47 (of 164)

Rank in course/Men: 45 (of 136)

Best time in course: 2:51:03

Rank in category: 5(of 18)

Best time in the category: 3:32:54

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:24	4:44	2	0:20	38	2:44	3.25	15:24	4:44	14		51	
Lap 2	3.25	16:05	4:56	4	0:47	49	3:21	6.50	31:29	4:50	14		51	
Lap 3	3.25	16:12	4:59	4	0:25	54	3:25	9.75	47:41	4:53	14		51	
Lap 4	3.25	16:22	5:02	4	0:41	53	3:26	13.00	1:04:03	4:55	14		50	7:38
Lap 5	3.25	16:39	5:07	5	1:00	57	3:49	16.25	1:20:42	4:57	14		50	9:51
Lap 6	3.25	17:01	5:14	7	1:09	55	3:53	19.50	1:37:43	5:00	14		50	11:36
Lap 7	3.25	17:19	5:19	7	1:18	55	4:24	22.75	1:55:02	5:03	14		48	5:57
Lap 8	3.25	17:26	5:21	7	1:23	51	4:14	26.00	2:12:28	5:05	14		48	6:22
Lap 9	3.25	18:14	5:36	8	1:49	64	4:50	29.25	2:30:42	5:09	14		47	4:42
Lap 10	3.25	18:45	5:46	9	2:26	57	5:10	32.50	2:49:27	5:12	14		46	38:46
Lap 11	3.25	18:27	5:40	5	2:02	39	5:18	35.75	3:07:54	5:15	14		45	44:04
Lap 12	3.25	18:39	5:44	6	1:52	42	4:58	39.00	3:26:33	5:17	14		45	49:02
Last lap Finish	3.25	18:25	5:40	8	3:04	55	4:53	42.25	3:44:58	5:19	6	1:00:40	51	2:18:45