



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Fenz, Hendrik

Club: Hamburg

Number: 145

Course: 42.25 km

Marathon

Category:

Männer M50

Total time: 3:45:43

Speed: 11.16 km/h

Running performance: 5:20 min/km

Rank in course/Total: 50 (of 164)

Rank in course/Men: 48 (of 136)

Best time in course: 2:51:03

Rank in category: 6(of 18)

Best time in the category: 3:32:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:26	5:40	12	3:22	103	5:46	3.25	18:26	5:40	13	0:50	54	
Lap 2	3.25	17:01	5:14	9	1:43	78	4:17	6.50	35:27	5:27	13	1:14	54	
Lap 3	3.25	16:40	5:07	6	0:53	64	3:53	9.75	52:07	5:20	13	1:01	54	
Lap 4	3.25	16:42	5:08	7	1:01	62	3:46	13.00	1:08:49	5:17	13	0:26	53	12:24
Lap 5	3.25	16:48	5:10	7	1:09	64	3:58	16.25	1:25:37	5:16	13		53	14:46
Lap 6	3.25	16:42	5:08	6	0:50	50	3:34	19.50	1:42:19	5:14	13		53	16:12
Lap 7	3.25	16:41	5:08	4	0:40	40	3:46	22.75	1:59:00	5:13	13		51	9:55
Lap 8	3.25	17:04	5:15	5	1:01	43	3:52	26.00	2:16:04	5:14	13		51	9:58
Lap 9	3.25	17:14	5:18	5	0:49	36	3:50	29.25	2:33:18	5:14	13		50	7:18
Lap 10	3.25	18:05	5:33	5	1:46	37	4:30	32.50	2:51:23	5:16	13		49	40:42
Lap 11	3.25	18:08	5:34	4	1:43	36	4:59	35.75	3:09:31	5:18	13		48	45:41
Lap 12	3.25	17:53	5:30	4	1:06	27	4:12	39.00	3:27:24	5:19	13		48	49:53
Last lap Finish	3.25	18:19	5:38	7	2:58	50	4:47	42.25	3:45:43	5:20	7	1:01:25	54	2:19:30