



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Bothe, Sebastian

Club: Gräfenhainichen

Number: 10

Course: 42.25 km

Marathon

Category:

Männer M20

Total time: 3:46:30

Speed: 11.19 km/h

Running performance: 5:22 min/km

Rank in course/Total: 52 (of 164)

Rank in course/Men: 50 (of 136)

Best time in course: 2:51:03

Rank in category: 10(of 17)

Best time in the category: 2:53:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:48	5:28	15	4:49	91	5:08	3.25	17:48	5:28	8	1:13	56	
Lap 2	3.25	16:56	5:12	14	4:12	75	4:12	6.50	34:44	5:20	8	1:29	56	
Lap 3	3.25	16:59	5:13	14	4:12	72	4:12	9.75	51:43	5:18	8	1:32	56	
Lap 4	3.25	17:18	5:19	13	4:20	75	4:22	13.00	1:09:01	5:18	10	17:26	55	12:36
Lap 5	3.25	17:12	5:17	13	4:22	72	4:22	16.25	1:26:13	5:18	10	21:48	55	15:22
Lap 6	3.25	17:09	5:16	13	4:00	63	4:01	19.50	1:43:22	5:18	10	25:48	55	17:15
Lap 7	3.25	17:06	5:15	8	4:11	51	4:11	22.75	2:00:28	5:17	10	29:59	53	11:23
Lap 8	3.25	16:58	5:13	7	3:45	38	3:46	26.00	2:17:26	5:17	10	33:44	53	11:20
Lap 9	3.25	17:08	5:16	6	3:44	33	3:44	29.25	2:34:34	5:17	10	37:28	52	8:34
Lap 10	3.25	17:09	5:16	6	3:33	29	3:34	32.50	2:51:43	5:17	10	41:01	51	41:02
Lap 11	3.25	17:44	5:27	6	3:53	29	4:35	35.75	3:09:27	5:17	10	44:54	50	45:37
Lap 12	3.25	18:47	5:46	8	4:37	45	5:06	39.00	3:28:14	5:20	10	49:19	50	50:43
Last lap Finish	3.25	18:16	5:37	7	4:02	47	4:44	42.25	3:46:30	5:21	11	2:20:17	56	2:20:17