



6. Merkerser KRISTALLMARATHON

Merkers / 26.02.2012

Detailed evaluation

Stolzis, Sieger

Club: Fast Foods
Number: 89

Course: 42.25 km
Marathon

Category:
Männer M45

Total time: 3:47:14

Speed: 11.16 km/h
Running performance: 5:23 min/km

Rank in course/Total: 53 (of 164)

Rank in course/Men: 51 (of 136)

Best time in course: 2:51:03

Rank in category: 8(of 29)

Best time in the category: 3:07:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:05	5:15	17	3:25	76	4:25	3.25	17:05	5:15	22	0:21	57	
Lap 2	3.25	17:17	5:19	18	3:18	83	4:33	6.50	34:22	5:17	22	0:54	57	
Lap 3	3.25	17:33	5:24	18	3:17	81	4:46	9.75	51:55	5:19	22	1:25	57	
Lap 4	3.25	17:31	5:23	18	3:04	80	4:35	13.00	1:09:26	5:20	22	1:53	56	13:01
Lap 5	3.25	17:31	5:23	16	3:08	79	4:41	16.25	1:26:57	5:21	22	2:13	56	16:06
Lap 6	3.25	17:27	5:22	15	3:07	73	4:19	19.50	1:44:24	5:21	22	2:19	56	18:17
Lap 7	3.25	17:51	5:29	16	3:31	76	4:56	22.75	2:02:15	5:22	22	3:10	54	13:10
Lap 8	3.25	17:32	5:23	9	3:12	53	4:20	26.00	2:19:47	5:22	22	2:15	54	13:41
Lap 9	3.25	18:04	5:33	12	3:39	60	4:40	29.25	2:37:51	5:23	22	3:47	53	11:51
Lap 10	3.25	18:10	5:35	7	3:45	40	4:35	32.50	2:56:01	5:24	22	0:33	52	45:20
Lap 11	3.25	16:50	5:10	2	2:10	17	3:41	35.75	3:12:51	5:23	22		51	49:01
Lap 12	3.25	17:36	5:24	3	2:36	23	3:55	39.00	3:30:27	5:23	22		51	52:56
Last lap Finish	3.25	16:47	5:09	2	1:43	20	3:15	42.25	3:47:14	5:22	9	1:22:17	57	2:21:01